

Relationships Across the Lifespan

Career Cluster	Human Services
Course Code	19255
Prerequisite(s)	No
Credit	.5
Graduation Requirement	No
Program of Study and Sequence	Foundation course – Introduction to Human Services – Relationships Across the Lifespan – additional pathway course – capstone experience
Student Organization	FCCLA
Coordinating Work-Based Learning	Internships, Job Shadows, Service Learning, Mentoring, Workplace Tours, Entrepreneurship
Industry Certifications	First Aid/CPR, Babysitting Certification (Red Cross), CNA, NCRC, OSHA
Teacher Certification	Human Services Cluster Endorsement; Early Childhood Development Pathway Endorsement; Counseling, Mental Health and Community Services Pathway Endorsement; FACS Endorsement; FACS Education
Resources	FCCLA Interpersonal Communications STAR Event, Families First FCCLA National Program,

Course Description:

Relationships Across the Lifespan examines the function and dynamics of interpersonal relationships. Through this course, students will analyze healthy relationships with children and adults of all ages in the context of family and workplace. The course will also cover factors related to families across the lifespan.

Program of Study Application

Relationships Across the Lifespan is a pathway course in the Human Services career cluster, Family and Community Services/Mental Health Services and Early Childhood Development and Services pathways. A student would participate in Introduction to Human Services prior to participation in this course. Relationships Across the Lifespan prepares a student to participate in additional pathway courses in the family and community services/mental health services, or early childhood development and services pathways.

Course Standards**RAL 1 Analyze functions and dynamics of interpersonal relationships.**

<i>Webb Level</i>	<i>Sub-indicator</i>	<i>Integrated Content</i>
Two Skill/Concept	RAL 1.1 Demonstrate communication skills that contribute to positive relationships.	Active listening, "I" vs. "You" statements, eye contact, body language.
One Recall	RAL 1.2 Identify effective conflict prevention and management strategies.	
One Recall	RAL 1.3 Investigate the diversity of family roles and structures.	Adoption, Foster Care, Step Families,
One Recall	RAL 1.4 Recognize the influence that internal and external conditions have on interpersonal relationships.	Example topic areas may include; Empathy for the diversity of human experiences such as death of a child, miscarriage, end of life, hospice, and infertility. Racism, poverty, sexual orientation, etc.

Notes:

RAL 2 Analyze healthy relationships with children.

<i>Webb Level</i>	<i>Sub-indicator</i>	<i>Integrated Content</i>
Three Strategic Thinking	RAL 2.1 Assess conditions that impact relationships with children such as culture, society, and technology.	Parents, extended family, caregivers, preschool teachers.
Three Strategic Thinking	RAL 2.2 Examine roles and responsibilities of families including discipline, parenting styles, and nurturing strategies.	Infant and Toddler Simulators

Notes:**RAL 3 Analyze healthy relationships with adults of all ages.**

<i>Webb Level</i>	<i>Sub-indicator</i>	<i>Integrated Content</i>
One Recall	RAL 3.1 Discuss the effect of lifestyle choices.	Responsible decision making models SMART Goals Maslow's Hierarchy of Needs <i>Examples: Priorities, Life-Work Balance, Addictive Behavior, Moral Behaviors</i>
Three Strategic Thinking	RAL 3.2 Contrast healthy and unhealthy relationships.	warning signs coping strategies resources available National Coalition Against Domestic Violence: www.ncadv.org www.nomore.org South Dakota Coalition

		<p>Against Domestic Violence: www.sdcedsv.org</p> <p>Helpline Center: www.helplinecenter.org</p>
One Recall	RAL 3.3 Investigate the impact of aging in family and community relationships.	<p>Caring for aging family members Elder care concerns and careers South Dakota Elder Abuse: www.sdaho.org www.aarp.org Local Senior Centers have available resources</p>

Notes:

RAL 4 Evaluate the impact of relationships between family and workplace.

<i>Webb Level</i>	<i>Sub-indicator</i>	<i>Integrated Content</i>
Three Strategic Thinking	RAL 4.1 Examine personal and work ethics. <ul style="list-style-type: none">• Technology• Character• Morals and values	Use of technology in the workplace Character Education
One Recall	RAL 4.2 Investigate stress management techniques for life and work balance.	Coping strategies Boundaries Demonstrate through role-play

Notes: